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Fire Up Your Life Now!: 25 Secrets for Creating the Life You Really Want (Paperback)

By Allan Kenyon

iUniverse, United States, 2008. Paperback. Book Condition: New. 228 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. Are you attracting everything you want in your life-career, relationships, health, money? Now you can benefit from Kenyon Coaching's unique system that has guided thousands of people to live happier, more productive lives. Fire Up Your Life Now! reveals 25 secrets that help you unlock your untapped potential-and put it to work today. Business and Personal Coaches Allan and Barbara Kenyon tell how their simple yet powerful approach will help you attract what you really want for your life. Their book provides key questions and exercises designed to turn their secrets into specific actions with amazing results. You will learn how to: Gain courage and reduce fear Increase happiness and decrease stress Take action and eliminate procrastination Obtain peace and erase worry Are you ready to develop the self-confidence and motivation you need to make positive changes in your life? Discover what is blocking you from creating the life you deserve. Start living a fired-up life today! This book is like taking a shower in clear, positive thinking. When a worry thought appears, I simply push...



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