



The Aura-Soma Sourcebook: Color Therapy for the Soul

By Mike Booth

Healing Arts Press. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 9.9in. x 8.0in. x 0.7in. A complete guide to the practice of Aura-Soma color therapy. Includes illustrated descriptions of all 104 Aura-Soma Equilibrium bottles. Shows how colors reveal our connection to the living energies around us and our possibilities for growth in consciousness. Explores the 30 related fragrances that protect the aura and align the individual with specific energies. Aura-Soma is an innovative approach to soul therapy that relies on bottles of dual-colored liquids, known as Equilibrium bottles, that incorporate plant extracts, essential oils, and the energies and extracts of precious and semiprecious stones. The energetic properties found in the liquids interact with the individual's aura to help support balance in the body, mind, and spirit. In *The Aura-Soma Sourcebook* authors Mike Booth and Carol McKnight detail the origins, holistic understanding, and consciousness-mirroring effects of each of the 104 equilibrium combinations. The practice of Aura-Soma is initially based on a person's selection of four Equilibrium bottles. The choice of bottles and the sequence in which they are chosen provide keys to understanding past difficulties and mirror the need and potential for growth in one's consciousness. The book includes full-color spreads that...



[DOWNLOAD PDF](#)



[READ ONLINE](#)

[1.85 MB]

Reviews

This pdf is indeed gripping and exciting. It was written quite completely and valuable. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Kurtis Parisian

This ebook is wonderful. It typically does not expense too much. You won't really feel monotony at any time of your own time (that's what catalogs are for relating to should you request me).

-- Milan Turner

See Also



[DK Readers Animal Hospital Level 2 Beginning to Read Alone](#)

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured duck to the vet, it is just...



[Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and Values](#)

Summer Fit Learning. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.6in. x 8.3in. x 0.5in.Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core...



[The Day I Forgot to Pray](#)

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she makes her first school-aged friend, Elizabeth, and...



[DK Readers Day at Greenhill Farm Level 1 Beginning to Read](#)

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...



[A Sea Symphony - Study Score](#)

Petrucci Library Press. Paperback. Book Condition: New. Paperback. 324 pages. Dimensions: 9.6in. x 6.7in. x 0.7in.Vaughan Williams conducted the first performance of his great choral symphony on his 38th birthday, October 12, 1910, at the Leeds Music Festival. The work was well...



[DK Readers Disasters at Sea Level 3 Reading Alone](#)

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.From fog, ice, and rocks to cannon fire and torpedo attacks--read the story of five doomed sea voyages and the fate of those who took part in them....