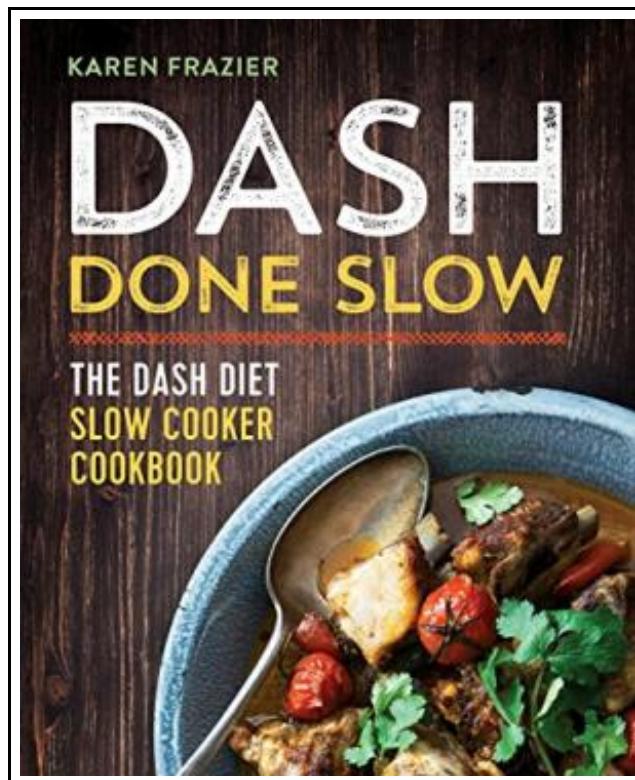


## Dash Done Slow: The Dash Diet Slow Cooker Cookbook (Paperback)



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*Basically no words to describe. It is filled with knowledge and wisdom I am just pleased to let you know that this is actually the greatest publication i have read within my individual lifestyle and may be the best publication for at any time.*

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