



Bringing Big Daddy Down: Deleting Male Obesity from the Brain to the Belly and Below (Paperback)

By B J White

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 224 x 150 mm. Language: English Brand New Book ***** Print on Demand *****.First things first, I honor my GOD for the inspiration and impartation to write this book. It is through my own personal experiences and struggles with excess weight as well as other personal battles, along with the observation of my family, relatives, friends and many others; that I've decided to expose a frequently seen but little known and seldom understood emotional and psychological disease that I've titled; (BIG DADDYISM)! In keeping it simple and keeping it real, this book was written to help you present the best you possible. With a changing economy, our national and personal debt rising to historic highs along with healthcare cost going up faster than you can swallow your next pill down, to quote a popular phrase; something's got to give! Many individuals have taken charge of securing their financial future into their own hands; while this is good, one must remember a quote from my book (101 Pivotal Proverbs Vol.3) Those who neglect to take care of their health may not live long enough to enjoy their wealth; so my...

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