



Finding the Deep River Within: A Woman's Guide to Recovering Balance and Meaning in Everyday Life

By Abby Seixas

Jossey-Bass, 2006. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Finding the Deep River Within holds the key to lasting health and sustainable joy." -Christiane Northrup, M.D., author, Mother-Daughter Wisdom, The Wisdom of Menopause, and Women's Bodies, Women's Wisdom "In Finding the Deep River Within, Abby Seixas gives us a wisdom-filled recipe for living a soulful life. This is a book for Everywoman, at least every woman living in our nonstop, do-it-all culture. There is not a woman I know who wouldn't benefit from this valuable book." -Jack Canfield, cocreator of the Chicken Soup for the Soul series; coauthor, The Success Principles: How to Get from Where You Are to Where You Want to Be "Finding the Deep River Within is that rarity-a book that is at once poetic and pragmatic. It offers the keys to discovering your inner kingdom-a world that is wise yet lyrical. Abby Seixas is a grounded writer who offers a toolkit that is as deep and calm in experience as the listening heart she urges her readers to discover." -Julia Cameron, author, The Artist's Way "In this beautifully written and profound book, Abby Seixas shows us step- by-step, how...



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Reviews

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This publication is wonderful. It normally is not going to expense too much. Its been printed in an extremely straightforward way in fact it is merely following i finished reading this publication where actually transformed me, modify the way i really believe.

-- **Russell Adams DDS**