



Psychology for B.Sc. Nursing

By A. Basheer Kutty

Prentice-Hall of India Pvt.Ltd. Paperback. Book Condition: new. BRAND NEW, Psychology for B.Sc. Nursing, A. Basheer Kutty, Psychology is both an applied and academic field that studies the human mind and behaviour. Research in psychology seeks to understand and explain how we think, act and feel. This book comprehensively deals with all aspects of psychology (academic and applied) to help students of nursing and other health paradigms gain a complete insight of the human mind. The book begins with the evolution and history of psychology, and its branches and moves on to the methods adopted by contemporary psychologists in mapping the human brain. The book focuses on the applications of psychology in treating mental health patients, in performance enhancement, and self-help. Psychological aspects of human mind and behaviour, like perception, learning, emotion, aptitude and intelligence are further exemplified and elucidated with the Clinical Problems associated with them. The book also deals with one of the most significant problems faced by humans in the present era - stress. It gives answers to the questions like what are the problems associated with stress and how one can cope with those problems. The modern day issues like lifestyle illness and attitudinal problems are also addressed...



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